

Get-Back-in-Shape Special  
**Women's Health**

**5  
WAYS  
TO LOSE  
15 LBS**  
(SUMMER'S  
COMING!)

**Sofia  
Vergara**

*How to Be  
Your Own Kind  
of Sexy*

**Ultra-  
Hot Sex  
Moves**

**Whip Out  
These  
Sizzling  
Skills  
Tonight!**

**INSTANT  
HEALTH  
BOOSTERS**

Stronger Heart,  
Sounder Sleep,  
Smarter Diet  
...More!

**BIKINI  
READY**

*in 10 days!*

**Shrink  
Your Belly,  
Butt &  
Thighs**

**CUTEST  
DENIM  
CUTOFFS  
FOR YOUR  
BODY**

**The (Zip) Code  
to Beautiful Skin**

Location, location, location! Dermatologists now believe where you live should be a key factor in determining your skin-care routine. This road map will help you navigate your way to a dream complexion.

*By Kayleigh Donahue*

