The Key to Restoring Younger, Healthier-Looking Skin Is at Your Fingertips

NU-DERM SYSTEM
Transform your skin with the #1 prescription-strength, physician-dispensed skin care system

With the Obagi Nu-Derm® System you’re on your way to younger, healthier-looking skin. The Nu-Derm System combined with tretinoin* is clinically proven to help address the signs of aging in all skin types. Each component of the system is uniquely formulated to work synergistically, so every step complements and enhances the next to give you beautiful, younger-looking skin.

In a separate study of the Nu-Derm System with tretinoin, at week 24:

- 96% of patients showed an improvement in dark spots and discoloration
- 100% of patients reported it was more effective or much more effective than other medications they had tried
- 96% of patients were no longer very embarrassed or very self-conscious about their skin

*Photos have not been retouched. Results may vary.


With daily use of your Nu-Derm System you should expect to see:

- More resilient-looking skin
- Reduction in the appearance of fine lines and wrinkles
- Refreshed look with more even skin tone and texture
- Reduced hyperpigmentation (discoloration)

*Tretinoin cream is indicated for topical application in the treatment of acne vulgaris.
Transform your skin at every phase

Now that you’ve purchased the Nu-Derm System, be sure to follow your physician’s protocol recommendations.

There are 4 phases to skin transformation. Depending on your skin’s response to the treatment, each phase may last anywhere from 1 week to several weeks.

As the older, dead skin cells are removed, you will begin to see more radiant, even-toned, and resilient-looking skin.

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### Phase 1: Remove (Weeks 1–6)

<table>
<thead>
<tr>
<th>Clinical Action</th>
<th>Skin Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Penetration below the surface of the skin to correct signs of aging and acne flares†</td>
<td>Expect to experience itching, dryness, and redness that should subside by the end of phase 2*</td>
</tr>
<tr>
<td>The top layer of the skin is exfoliated, removing dull, old skin cells to help promote new skin cells</td>
<td>You will begin to notice a more even-toned appearance of your skin</td>
</tr>
</tbody>
</table>

### Phase 2: Restart (Weeks 7–12)

<table>
<thead>
<tr>
<th>Clinical Action</th>
<th>Skin Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin produces normal, healthy cells</td>
<td>Your skin is now adjusting to the system and you will notice smoother, softer, and clearer skin</td>
</tr>
<tr>
<td>Pigment cells are distributing melanin more evenly</td>
<td>Skin is becoming more even toned</td>
</tr>
</tbody>
</table>

### Phase 3: Refresh (Weeks 13–18)

<table>
<thead>
<tr>
<th>Clinical Action</th>
<th>Skin Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin cells are in the process of transformation</td>
<td>Your skin is becoming:</td>
</tr>
<tr>
<td></td>
<td>• Clearer</td>
</tr>
<tr>
<td></td>
<td>• Firmer looking</td>
</tr>
<tr>
<td></td>
<td>• Naturally hydrated</td>
</tr>
<tr>
<td></td>
<td>• More even toned</td>
</tr>
</tbody>
</table>

### Phase 4: Restore (Continued results, with proper maintenance)

<table>
<thead>
<tr>
<th>Clinical Action</th>
<th>Skin Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your skin looks restored</td>
<td>More radiant, even-toned, and resilient-looking skin</td>
</tr>
<tr>
<td>Healthy skin needs to be maintained</td>
<td></td>
</tr>
</tbody>
</table>

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*It is important to understand that you may experience some side effects during your initial use of the Nu-Derm System combined with tretinoin, as your skin goes through the transformation process. You and your physician should discuss any side effects related to your treatment.  Side effects are normal.*  The length of time it takes to transform the quality of your skin varies, but you should begin to notice visible improvements in your skin within 4 to 8 weeks.

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*If you experience excessive itching, dryness, or redness, discontinue use of the system and contact your physician.

†Tretinoin cream is indicated for topical application in the treatment of acne vulgaris.

‡When used under the guidance of your physician, maintenance ensures lasting results.
A detailed look at what is included in the Nu-Derm Systems

**Gentle Cleanser** (normal to dry) or **Foaming Gel** (normal to oily)
Gently removes makeup and everyday impurities for a clean, fresh complexion. Massage a small amount of cleanser and water onto the skin. Rinse with lukewarm water and gently pat dry.

**Toner**
Alcohol-free, nondrying toner helps adjust the pH of your skin for increased penetration of product ingredients. Use after cleansing by saturating a cotton pad and gently wiping over the entire face; do not rinse off.

**Clear**,†,§
Gentle yet effective prescription-strength hydroquinone helps correct the appearance of age and sun spots for a healthier, more even complexion. Squeeze a small amount (approximately 1 to 2 pea-size drops) onto your hands. Apply evenly to the entire face, extending to the hairline, over the ears, and ending with a feathering motion, or as directed by your skin care physician.

**Exfoderm** (normal to dry) or **Exfoderm Forte**‡ (normal to oily)*
A lightweight lotion that exfoliates the top layer of the skin, removing dull, old skin cells, while promoting new skin cells for a brighter complexion. Squeeze a small amount (approximately 1 to 2 pea-size drops) onto your hands. Using your fingertips, apply evenly to the entire face and massage in until completely absorbed.

**Blender***,†,§
A unique formula containing prescription-strength hydroquinone for the gradual lightening of sun spots, age spots, and other types of discoloration. Squeeze a small amount (approximately 1 to 2 pea-size drops) onto your hands and apply evenly to the entire face or as directed by your skin care physician.

Blender may be used with Tretinoin Cream (0.1%, 0.05%, 0.025%) or Refissa® Cream (0.05%) as prescribed by your physician.

**Obagi Hydrate™**
A moisturizing cream to be used as needed to soothe areas of dry, flaky skin. Apply a small amount evenly to the entire face.

**Sun Shield Matte Broad Spectrum SPF 50**
A sunscreen that combines UVB absorption and UVA protection in an elegant matte finish that is non-comedogenic, allergy tested, and dermatologist tested. Sheer, PABA free, and fragrance free for all skin types. Apply liberally and evenly to the entire face 15 minutes before sun exposure, and reapply at least every 2 hours. (See product packaging for additional usage instructions and warnings.)

**ELASTIderm® Eye**
Helps improve the resilience of the skin and helps reduce the appearance of fine lines and wrinkles around the eyes.

**Professional-C Serums**™ (20%, 15%, or 10%)
Contains an antioxidant Vitamin C to help reduce the visible signs of aging.

**Sunfader®§**
With SPF 15, helps to minimize uneven skin tone and brown spots with 4% hydroquinone.

**Tolereen®**
Contains 0.5% hydrocortisone for the temporary relief of itching associated with minor skin irritations and inflammation.

**Eye Cream**
A light moisturizing cream to help control dryness around the sensitive eye area.

**Measuring Obagi® products**
In most cases you’ll need ½ gram of product, which will cover the size of this circle. This image represents a “pea-size” amount of product to be used.

*Warnings: Avoid getting into eyes. For external use only. Keep out of reach of children.

†If no improvement is seen after three (3) months of treatment, use of this product should be discontinued. Sun exposure should be limited by using a sunscreen agent, a sun-blocking agent, or protective clothing to cover bleached skin when using and after using this product in order to prevent darkening from reoccurring.

‡Sunburn Alert: This product contains an alpha hydroxy acid (AHA) that may increase your skin’s sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards.

§Warnings: Avoid contact with eyes, nose, mouth, or lips. In case of accidental contact, patient should rinse thoroughly with water and contact physician. Sunscreen use is an essential aspect of hydroquinone therapy because even minimal sunlight exposure sustains melanocytic activity.

Contains sodium metabisulfite, a sulfite that may cause allergic-type reactions including anaphylactic symptoms and life-threatening or less severe asthmatic episodes in certain susceptible people. The overall prevalence of sulfite sensitivity in the general population is unknown and probably low. Sulfite sensitivity is seen more frequently in asthmatic than in nonasthmatic people.
As with any skin care regimen, ask your physician if you have questions about the Nu-Derm System.

Refissa Cream, 0.05% [Tretinoin Cream, USP (Emollient) 0.05%] is indicated as an adjunctive agent for use in the mitigation (palliation) of fine wrinkles, mottled hyperpigmentation, and tactile roughness of facial skin in patients who do not achieve such palliation using comprehensive skin care and sun avoidance programs. REFISSA DOES NOT ELIMINATE WRINKLES, REPAIR SUN-DAMAGED SKIN, REVERSE PHOTOAGING, or RESTORE A MORE YOUTHFUL or YOUNGER DERMAL HISTOLOGIC PATTERN.

Tretinoin cream is indicated for topical application in the treatment of acne vulgaris.

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Refissa is a registered trademark of Spear Pharmaceuticals, Inc.

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