A placebo-controlled study

**Inclusion criteria**
- 35-65 years of age
- Fitzpatrick skin type III (64%)
- No facial skin condition that might interfere with study diagnosis
- Use of systemic steroid in preceding 6 months or during study
- Any facial skin condition that might interfere with study diagnosis
- Recent excessive exposure to ultraviolet light

**Exclusion criteria**
- 3 months for non-ablative laser, light, and radiofrequency treatment
- 30 days for investigational drugs and for facial treatment

**Study design**
- The fourth step is skin protection (using the sunscreen).
- The second step is skin correction (using hydroquinone and toner), the third step in the process is skin preparation (using the cleanser and moisturizer applied in the evening).
- These improvements in facial skin achieved with IPL therapy alone—
- 94% versus 56% were satisfied or very satisfied with their facial appearance (Figure 7)

**Tolerability**
- Patients satisfied or very satisfied with facial appearance at the study.
- There were no significant between-group differences in erythema.
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**REFERENCES**